The Wildcat Café

Welcome to the 2014-15 school year. This year will certainly be an exciting year as we showcase more healthy meal choices in our menus. The school Wellness Policy is in place and we are serving breakfast and lunch that encourage healthier life styles. Reducing fat and eliminating trans fats from the menus will also help to maintain a healthy diet. We also have more whole grain breads and wraps to enhance our menus, as well as adding more fresh fruits and veggie selections. We will be serving up fun and nutrition at the same time. Please feel free to contact any of us with your ideas and comments, or visit us on the web site for additional nutrition information.

USDA is an equal opportunity provider and employer.

Caring and Commitment: Our Main Ingredients

School Policy on Student Lunch Accounts

- Every student has a lunch account, whether it is used or not.
- Money can be deposited at every location during lunch time or online at sendmoneytoschool.com
- Lunch may not be charged.
- Free/Reduced meal applications are available from the school office or on our website.
- Parents are encouraged to keep their child's account current. You can look at your child's account by going to sendmoneytoschool.com. Please have your child's ID number. Parents may sign up for automatic account balances via e-mail through the food service district website.

oxfordschools.org

Contact Information:

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Debi Harvey Nutrition Services Administrative Assistant(248) 969-5167
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Oxford High School Menu June 2015



Grab-n-go served Daily \$ 2.75

Veggie Panini provolone cheese, marinated vegetables on wheat bread

Taco Salad romaine lettuce, taco meat, cheddar cheese, tomato, salsa, tortilla chips, sour cream

Chef Salad romaine lettuce, ham, turkey, egg, cucumber, tomato

Southwest Chicken Salad lettuce cheddar cheese, grilled or crispy chicken with a zesty southwest dressing

BBQ Chicken Salad romaine lettuce, BBQ chicken strips, cheddar cheese, tortilla strips

Michigan Salad romaine lettuce, chicken, apple slices, fresh strawberries, mozzarella cheese

Asian Salad romaine lettuce, chicken, mandarin oranges, chow mien noodles

Chicken Caesar Salad romaine lettuce, chicken,

parmesan cheese, croutons

Fruit Bowl yogurt, string cheese and fruit

Hummus Bowls garlic or red pepper hummus, fresh veggies and pita chips

Daily schedule at the Grab-n-go station \$2.75

Monday <u>Asian Chicken Panini</u> diced chicken, sesame sauce, and mozzarella cheese on flatbread

<u>Club Wrap</u> ham, turkey and bacon with lettuce, tomato

and cream cheese ranch

Tuesday Steak and Cheese Panini

<u>Crispy Chicken Wrap</u> crispy chicken strips, lettuce, ranch dressing, cheddar cheese and tomato <u>Grilled Cheese and Tomato Soup</u>

Wednesday Grilled Flat-out Panini chicken, bacon, mozzarella

cheese, and chipotle sauce

Jalapeno Wrap turkey, lettuce, tomato

Thursday Wildcat Mash

<u>Spicy Chicken Wrap</u> grilled chicken, spicy ranch dressing, cheddar cheese, mild peppers, lettuce, tomato

Friday Caribbean Chicken Panini chicken, cheese,

caribbean jerk seasoning

Chicken Caesar Wrap romaine lettuce, chicken strips,

parmesan cheese, caesar dressing

The Wildcat Snack Shack

A variety of water, flavored waters, juices and sports drinks are available.

A wide selection of munchies.

Be sure to check out the snack shack for breakfast from 7:10 am to 7:40 am.

All items may be purchased a-la-carte along with many other

June 2015 Every lunch

Includes choice of entrée, two different side dishes (salad, fruit, vegetable or fries), and milk



Wildcat Favorites

Classic Burger or Cheese Burger	\$ 2.75
Chicken Patty Sandwich	\$ 2.75
Hot & Spicy Chicken Patty Sandwich	\$ 2.75
Chicken Nuggets	\$ 2.75
Cheese or Pepperoni Pizza Slice	\$ 2.75
Bosco Sticks	\$ 2.75
Cheese Sticks (6)	\$ 2.75



Wildcat Deli

Create your own Wildcat Sub Sandwich
Sub Bun \$ 2.90
Wrap \$ 2.75

Create your own Wildcat Salad \$ 2.75

Wildcat Daily Specials \$2.75 Lunch

6/1	Baked Ravioli with Tossed Sal	ad

6/2 Wildcat Mash

6/3 Chicken Tenders with Curly Fries

6/4 Nachos Deluxe with Steamed Broccoli